

# Lambton Run 10k

Senior Results - 30th June 2019

Pos	Name	Club	Time	Pos	Name	Time
1	Liam Taylor (48)	Sunderland Harriers	37.35 M	67	Stephen Bell (170)	Unattached 49.53 M O50
2	Tim Jones (37)	Washington R C	37.42 M O40	68	Lee Mitcheson (106)	Unattached 49.54 M O40
3	Andrew Kilding (307)	Unattached	38.04 M O40	69	Rosanne Dougan (317)	Unattached 49.55 F O40
4	Jason Oshin (14)	Washington R C	38.45 M	70	Grace Mackie (330)	Sunderland Harriers 50.03 F
5	Michael Littlewood (431)	Elvet Striders	38.51 M O40	71	George Watson (413)	Unattached 50.15 M
6	Paul Redman (392)	Sunderland Harriers	39.39 M O55	72	Shaun Kelly (427)	Unattached 50.22 M
7	John Kelly (159)	Washington R C	39.46 M	73	Mary Lisle (329)	Elswick Harriers 50.34 F O40
8	Darren Dodd (257)	Sunderland Harriers	40.15 M O50	74	Ben Hall (684)	Elswick Harriers 50.34 M
9	Darran Stoker (207)	Sunderland Harriers	40.17 M O45	75	Matthew Currathers (130)	Houghton Harriers 50.51 M
10	Mark Smith (258)	Unattached	40.38 M	76	Jen Preston (271)	Sunderland Strollers 50.52 F
11	Paul Roddy (374)	Washington R C	40.58 M	77	David Tague (241)	Washington R C 50.59 M O45
12	Michael Pearson (16)	Unattached	41.14 M O50	78	Lee Currathers (135)	Unattached 51.03 M O40
13	Neil Harrison (366)	Unattached	41.40 M O40	79	Neil Stephenson (607)	Washington R C 51.08 M
14	Matty Woodhouse (55)	Unattached	42.01 M	80	Michelle Houghton (682)	Sunderland Strollers 51.14 F
15	Wendy Chapman (49)	Sunderland strollers	42.22 F O50	81	Lyne Valentine (161)	Sunderland Strollers 51.23 F O55
16	Kevin Brown (686)	Unattached	43.03 M O50	82	Punit Shah (334)	Unattached 51.25 M
17	Kim Simpson (62)	Unattached	43.09 F O35	83	Jack Pearson (23)	Unattached 51.41 M
18	Ben Wilkinson (396)	Unattached	43.33 M	84	Kirsty Pound (265)	Sunderland Strollers 51.44 F O40
19	Peter Mullerlarky (282)	saltwell Harriers	44.16 M O60	85	Adam Brown (379)	Unattached 51.55 M
20	Stephen Waistell. (44)	Washington R C	44.25 M	86	Stuart Fowler (154)	Unattached 51.55 M O40
21	Dave Dougan (316)	Unattached	44.36 M O45	87	Darren Wilkinson (231)	Washington R C 52.07 M O40
22	Roy Hammonds (380)	Unattached	44.50 M O55	88	Gary Ramshaw (172)	Sunderland Strollers 52.08 M
23	John Dodds (35)	Washington R C	44.57 M O50	89	Jack Lumsdon (86)	Unattached 52.10 M
24	Stephen Soulsbury (123)	Elvet Striders	45.07 M O55	90	Beverley Forster (20)	Unattached 52.19 F O50
25	Paul Mcvittie (430)	Unattached	45.16 M O40	91	Trish Kay (246)	Newton Aycliffe 52.26 F O55
26	Anna Basu (120)	Elvet Striders	45.32 F O45	92	Abigail Moss (395)	Durham City Harrie 52.29 F
27	Helen Kilding (308)	Unattached	45.47 F O40	93	Darran Todd (126)	Unattached 52.30 M O45
28	David Murton (423)	Unattached	45.52 M	94	Peter Brown (247)	Unattached 52.32 M
29	Matthew Carr (249)	Elvet Striders	46.15 M O40	95	Peter Daghish (251)	Unattached 52.38 M
30	Robert Young (331)	Aycliffe	46.24 M	96	Shaun Nordstrom (116)	Lonely Goat RC 52.40 M O50
31	Brennan Yuill (349)	Unattached	46.37 M	97	Sharon Darling (119)	South Shields Harri 52.49 F O50
32	Dale Wilkinson (228)	Sunderland Harriers	46.37 M O55	98	Tom Jones (289)	Unattached 52.49 M O40
33	James Yuill (345)	Unattached	46.38 M	99	Olly Thompson (301)	Unattached 52.54 M
34	Tom Usher (518)	Unattached	46.47 M	100	Anthony Paul (6)	Unattached 52.59 M
35	Antonio Ribeiro (65)	Unattached	46.59 M O45	101	Rachel Dugan (381)	Sunderland strollers 53.00 F
36	John Alderson (33)	Washington R C	47.14 M	102	Gavin Jaris (234)	Unattached 53.10 M O40
37	Anthony Kippax (421)	Unattached	47.25 M	103	Sean Williams (426)	Unattached 53.15 M O50
38	Michelle Thomson (56)	North Shields Polyt	47.28 F O40	104	Aimee Brooke (272)	Heaton Harriers 53.17 F
39	Christopher Green (252)	Unattached	47.31 M O40	105	Gavin Burn (367)	aurora harriers 53.24 M O40
40	James Catterll (351)	Unattached	47.38 M	106	Lesley Garnham (143)	Aurora harriers 53.24 F O50
41	James Arkless (343)	Unattached	47.57 M	107	Sara Mcknight (344)	Saltwell Harriers 53.25 F O45
42	Sean Eden (397)	Washington R C	47.59 M	108	Mark Dawson (153)	Unattached 53.27 M O40
43	Stephen Heatcote (24)	Unattached	48.00 M	109	Daniel Farnell (99)	Unattached 53.28 M
44	Kelly Bentley (208)	Birtley AC	48.06 F O50	110	Stephen Kirkbride (339)	Unattached 53.28 M
45	Shaun Bagley (240)	Sunderland Harriers	48.06 M	111	Allan Longfrod (417)	Unattached 53.30 M O40
46	Keith Tilmouth (400)	Washington R C	48.10 M O45	112	Andy Brown (186)	Unattached 53.30 M
47	Daniel Henry (150)	Unattached	48.16 M	113	Kim Bennet (402)	Elvet Striders 53.34 F O45
48	Ian Batey (320)	Unattached	48.18 M O50	114	Peter Devlin (223)	Swaledale Runners 53.35 M O60
49	Ian Scott (256)	Unattached	48.19 M O40	115	Micheal Kilding (306)	Unattached 53.35 M O40
50	Andrew Heaviside (432)	Crook AC	48.34 M O40	116	Jonathan Swift (67)	Unattached 53.44 M
51	Catherine Lowes (683)	Elswick Harriers	48.44 F O35	117	Rachel Mustard (209)	Unattached 53.47 F
52	Alexandra Charlton (43)	Washington R C	48.49 F O35	118	Chris Dodds (166)	Unattached 53.56 M O40
53	Simon Lawlor (389)	Hartlepool Burn Ro	48.53 M O45	119	Holly Thompson (371)	Unattached 53.57 F
54	Stephen Duthie (171)	Washington R C	48.55 M O50	120	Jane Hughes (103)	Unattached 54.03 F O35
55	Elliot Scringer (425)	Unattached	48.56 M	121	Michael Williamson (27)	Unattached 54.07 M
56	Patrick Mcfall (298)	Unattached	49.10 M	122	Raymond Lightle (360)	Bedale & Aiskew R 54.07 M O60
57	David Nalder (237)	Darlington H & AC	49.13 M O60	123	Phillip Mccarthy (363)	Unattached 54.10 M
58	Michael Gaskill (277)	Crook & Dist Sports	49.16 M O45	124	Stuart Dowell (175)	Unattached 54.13 M O45
59	Chris May (297)	Unattached	49.19 M O40	125	Jakub Szyszko (158)	Unattached 54.15 M
60	Iain Nicholson (416)	Unattached	49.23 M O50	126	Tracey Sibald (338)	Unattached 54.30 F O50
61	Julie Ann Casting (365)	Washington R C	49.27 F O35	127	Eddieee Handy (377)	Unattached 54.34 M O55
62	Bryan Charlton (424)	Unattached	49.33 M O55	128	Tony Barras (422)	Unattached 54.36 M O50
63	Felicity Smith (210)	Elswick Harriers	49.37 F O40	129	Jamie Ward (369)	South Shields Harri 54.46 M
64	Alastair Cairne-coates (373)	Washington R C	49.46 M O50	130	Brian Dugan (382)	Sunderland Strollers 54.52 M O60
65	Ian Casson (87)	Unattached	49.47 M O55	131	Hannah Goudie-hunter (408)	Unattached 54.52 F
66	Justin Eger (269)	Washington R C	49.52 M O40	132	Carley Ann Handy (12)	Unattached 54.55 F O35

Pos	Name	Club	Time	Pos	Name	Time
133	Stephen Handy (13)	Unattached	54.56 M	204	Angela Lawlor (390)	Hartlepool Burn Ro 59.29 F O40
134	Lisa Richardson (96)	Riverside Striders	54.59 F O35	205	Paul Milburn (429)	Unattached 59.35 M O45
135	Peter Rowley (173)	Quakers Running Cl	55.03 M O60	206	Sarah Purkis (149)	Washington R C 59.36 F
136	Chris Hart (139)	Unattached	55.03 M	207	Kenneth Kidger (78)	South Shields Harri 59.36 M O60
137	Craig Fisher (350)	Unattached	55.05 M	208	Damian Whelan (433)	Unattached 59.41 M
138	Sharon Prudhoe (15)	Unattached	55.06 F O45	209	Mark Tough (368)	aurora harriers 59.47 M O50
139	Victoria Dyas (609)	Unattached	55.07 F	210	Christopher Barnwell (354)	Unattached 59.55 M O45
140	Anna Stephenson (687)	Unattached	55.08 F	211	Jude Ellis (206)	Unattached 60.00 M O40
141	Trevor Trainor (11)	Unattached	55.09 M	212	Anthony McMullan (202)	Unattached 60.09 M O40
142	Jacqueline Whittaker (391)	Aurora Harriers	55.10 F O50	213	Kirsty Barksby (66)	Unattached 60.11 F O40
143	Anna Wodcock (387)	Aurora Harriers	55.11 F O35	214	Richard Barksby (72)	Unattached 60.11 M O45
144	Steven Davis (115)	South Shields Harri	55.12 M O45	215	David Stevens (303)	Unattached 60.13 M
145	Elenaor Deacon (244)	Unattached	55.13 F	216	Judith Rodwell (101)	Teesdale AC 60.15 F O55
146	Fiona Deacon (248)	Nidd Valley Road R	55.14 F O55	217	Pam Jameson (77)	Derwent Vally Run 60.19 F O40
147	Caroline Ames (163)	Unattached	55.15 F	218	Helen Altunsoy (164)	Unattached 60.22 F O45
148	Sarah Jane Dates (411)	Unattached	55.20 F O35	219	Erol Altunsoy (169)	Unattached 60.22 M O50
149	Dennis Ryan Sweetlove (299)	Unattached	55.24 M	220	Darin Craigs (53)	Unattached 60.22 M O50
150	Liam Hall (428)	Unattached	55.31 M	221	Mark Oxvenham (337)	Unattached 60.28 M O55
151	Mick Mullen (376)	Unattached	55.43 M O50	222	Sarah Murray (291)	Unattached 60.37 F O40
152	James Seal (238)	Unattached	55.46 M	223	Lee Scorey (156)	Unattached 60.38 M O40
153	Katherine Dodds (46)	Washington R C	55.48 F O45	224	Chris Smith (205)	Sunderland strollers 60.48 M
154	Felcity Conlon (42)	Washington R C	55.53 F O40	225	Keith Alderslade (30)	Unattached 61.05 M O60
155	Barry Pollock (167)	Unattached	55.57 M O45	226	Frank Wilkinson (385)	saltwell Harriers 61.07 M O55
156	Alison Kidger (76)	South Shields Harri	55.58 F O45	227	Cat Stobbs (313)	Unattached 61.13 F
157	Mathew Brown (685)	Unattached	56.09 M	228	Spencer Payne (335)	Unattached 61.13 M
158	Janice Thompson (370)	Unattached	56.16 F O55	229	Marget Crick (7)	Unattached 61.16 F O55
159	Don Harris (112)	Unattached	56.22 M O45	230	Andrea Cessford (323)	Unattached 61.18 F O40
160	Jan Panke (117)	Elvet Striders	56.46 M O50	231	Steven Cessford (324)	Unattached 61.18 M
161	Nick Elliott (608)	Ponteland Runners	56.49 M	232	Erik Murison (406)	Washington R C 61.20 M O40
162	John Larkin (321)	Unattached	56.51 M O55	233	Gillian Rountree (410)	Unattached 61.21 F O35
163	Michele O Neil Hall (197)	North East Veterans	56.53 F O50	234	Yvonne Lees (688)	Unattached 61.23 F O45
164	Lynne Trainor (9)	Unattached	56.53 F O35	235	Jonathan Ellis (174)	Unattached 61.25 M O45
165	Harry Mcgill (253)	Unattached	56.57 M O60	236	Sandra Mcfall (275)	Unattached 61.36 F O55
166	Trevor Rowe (79)	Unattached	56.59 M O60	237	Samantha Johnstone (68)	Unattached 61.41 F O40
167	John Heslop (611)	Unattached	57.09 M O60	238	Alexandra Warner (138)	Unattached 61.41 F
168	Kathryn Murison (405)	Washington R C	57.18 F O45	239	Brian Hepburn (199)	Unattached 61.41 M
169	Karen Garfield (221)	Quakers Running Cl	57.24 F O50	240	Martin Hindle (519)	Unattached 61.47 M
170	James Douglass (293)	Unattached	57.30 M	241	George Carkwell (401)	Crook & Dist Sports 61.48 M O60
171	Stacey Woodhouse (147)	Unattached	57.31 F	242	Gary Maratty (2)	Unattached 61.51 M
172	Carl Kalugarama (310)	Unattached	57.32 M	243	Maria Wakefield (268)	Unattached 61.51 F O50
173	Letitia Champan (57)	Elvet Striders	57.39 F O35	244	Mark Drury (322)	aurora harriers 61.51 M O45
174	Amanda Trees (142)	Darlington H & AC	57.45 F O45	245	Jane Merritt (214)	Unattached 61.54 F O40
175	Louise Barrow (353)	Elvet Striders	57.48 F O35	246	Joanne Laidlaw (236)	Unattached 61.54 F
176	Mish Margison (278)	Wallsend Harriers	57.51 F O40	247	Tracy Rose (211)	Unattached 61.55 F O55
177	Brian Robertson (273)	Wallsend Harriers	57.51 M O50	248	Barbara Duncan (346)	Unattached 61.55 F O55
178	Scott Thomson (52)	Unattached	57.59 M O50	249	Anthony Farnsworth (239)	Unattached 61.59 M O45
179	Glenda Hutchinson (31)	Unattached	58.01 F O45	250	Derek Robson (95)	Unattached 62.03 M O60
180	David Coverdale (378)	Sunderland strollers	58.02 M	251	Ian Springhope (136)	Unattached 62.05 M O55
181	Neil Foggini (284)	Unattached	58.04 M O45	252	Tony Stewart (342)	Unattached 62.06 M
182	Fiona Harrington Hughes (3)	Elvet Striders	58.04 F O45	253	Donna Dickinson (129)	Saltwell harriers 62.08 F O35
183	Stephen Palmer (203)	Unattached	58.05 M O45	254	Christine Gibson Lee (152)	Unattached 62.15 F O40
184	Alan Lowery (41)	Washington R C	58.11 M O55	255	Ian Bailey (28)	Unattached 62.18 M O55
185	Ryan Rountree (409)	Unattached	58.14 M	256	Wendy Wilson (254)	Unattached 62.21 F O40
186	Rosy Mann (100)	Washington R C	58.17 F O40	257	Luke O'neil (290)	Unattached 62.25 M
187	Katie Robson (128)	Unattached	58.19 F	258	Phillipa Thomas (412)	Unattached 62.37 F
188	Catherine Lomax (122)	Unattached	58.25 F	259	Sharon Cain (157)	Unattached 62.52 F O45
189	Steven McClarence (359)	Unattached	58.29 M	260	Pauline Ranson (124)	Hartlepool Burn Ro 62.56 F O55
190	Andrew Holtman (218)	Unattached	58.32 M O40	261	Joanne Macdonald (267)	Unattached 62.57 F O50
191	Anthony Barron (220)	Unattached	58.49 M	262	Angela Coombs (312)	Unattached 62.57 F O45
192	Ryan Pender (70)	Unattached	58.54 M O40	263	Deborah Robinson (144)	Unattached 63.04 F O45
193	Ruth Brown (242)	Unattached	58.56 F O35	264	Brian Johnston (356)	Sunderland Strollers 63.09 M O60
194	Linda Alderslade (21)	Unattached	59.00 F O55	265	Amy Tatters (414)	Unattached 63.21 F
195	Paul Brown (226)	Unattached	59.10 M O50	266	Hayley Lackenby (403)	Washington R C 63.32 F O40
196	Andy Bradley (227)	Unattached	59.10 M O40	267	Xiaoling Lei (336)	Unattached 63.33 M O45
197	Victoria Ferguson (355)	Washington R C	59.12 F	268	Thomas Palmer (286)	Unattached 63.35 M
198	Katie Barras (185)	Unattached	59.15 F O40	269	Tracy Burlinson (333)	Newcastle Frontunn 63.36 F O45
199	Richard Robbins (204)	Gateshead Harriers	59.15 M O60	270	Daniel Atkinson (325)	Washington R C 63.42 M O40
200	Ian Thompson (304)	Unattached	59.15 M O45	271	Gemma Hartley (283)	Unattached 63.50 F
201	Hellen Mullerarky (280)	Saltwell Harriers	59.20 F O55	272	Shirely Bell (165)	Unattached 64.11 F O50
202	John Young (332)	Aycliffe	59.23 M O60	273	Deano Francisoy (292)	Unattached 64.25 M O50
203	Phillip Crow (352)	Unattached	59.28 M O55	274	Nicholas Cranston (235)	Unattached 64.29 M

Pos	Name	Club	Time	Pos	Name	Time
275	Martin Walker (75)	Unattached	64.32 M O45	346	Judith Slocome (94)	Unattached 72.37 F O50
276	Caroline Banham (263)	Unattached	64.39 F O45	347	Rachael Turnbull (51)	Unattached 72.40 F
277	Judith Wilkinson (264)	Unattached	64.39 F O45	348	Mu Napierala (201)	Unattached 72.43 M
278	Neil Sugden (262)	Unattached	64.41 M O50	349	Janice Craigs (50)	Unattached 72.43 F O50
279	Helen Einsbury (10)	Unattached	65.03 F O45	350	Nicla Lley (341)	Unattached 73.22 F
280	Laura Kennedy (181)	Washington R C	65.04 F O50	351	Jennifer Hayes (177)	Unattached 74.13 F O40
281	Tony Ramshaw (230)	Unattached	65.04 M	352	Max Casson (89)	Unattached 74.39 M O45
282	Kim Hardy (362)	Unattached	65.14 F	353	Samantha Prince (146)	Unattached 74.45 F O35
283	Siobhan Byrne (420)	Unattached	65.18 F	354	Laura Pocklington (85)	Unattached 74.45 F O35
284	Paul Davison (305)	Unattached	65.27 M O45	355	Amanda Pearson (38)	Washington R C 74.53 F O50
285	Emma Haggie (309)	Unattached	65.29 F O40	356	Sonia Bailey (22)	Unattached 74.56 F O50
286	Dea Lingfort (419)	Unattached	65.36 F O45	357	Ruth Taylor (215)	Unattached 75.09 F O40
287	Claire Gibbons (111)	Unattached	65.36 F O45	358	Gillian Grant (315)	Unattached 75.09 F O40
288	Kathryn Furnevel (328)	Unattached	65.37 F O50	359	Keith Weavers (610)	Aurora Harriers 75.18 M O50
289	David Ingram (26)	Unattached	65.42 M O60	360	Gillian Appleby (47)	Unattached 75.42 F O45
290	Miss Bennett (407)	Stockton Striders	66.01 F	361	Julie Brack (364)	Unattached 75.54 F O50
291	Amy Lumsdon (82)	Unattached	66.13 F U17	362	Aileen Smith (386)	Unattached 75.55 F O55
292	Rachael Hurst (69)	Unattached	66.22 F O40	363	David Brack (361)	Unattached 75.55 M O60
293	Kevin Gatens (404)	Washington R C	66.30 M O50	364	Gary Chapman (311)	Unattached 75.58 M O50
294	Joanne Clark (279)	Sunderland Strollers	66.31 F O45	365	Beverley Harrison (162)	Unattached 76.04 F O55
295	Tracye Calvert (340)	Unattached	66.37 F O40	366	Rachael Garrett (36)	Washington R C 76.18 F O40
296	Karen Matthews (88)	Unattached	66.40 F O40	367	Lee Waugh (121)	Unattached 76.50 M O40
297	Ashleigh Atkinson (40)	Washington R C	66.40 F	368	Judith Hindless (288)	Washington R C 77.01 F O50
298	Nicola Lawson (84)	Unattached	67.11 F O45	369	Christine Parker (276)	Washington R C 77.01 F O55
299	Laura Keogh (314)	Unattached	67.12 F	370	Susan Maratty (606)	Unattached 77.02 F O50
300	Brenda Bonaille (110)	Unattached	67.32 F O55	371	Jackie Davison (225)	Unattached 77.22 F O50
301	Allison Hammond (375)	Unattached	67.39 F O40	372	Elizabeth Hall (179)	Unattached 77.29 F O55
302	Helena Elliott (233)	Unattached	67.45 F	373	Simon Champman (54)	Unattached 77.34 M
303	Nicole Smith (3)	Washington R C	67.46 F	374	Karen Killingley (255)	Sedgefield Harriers 77.34 F O50
304	Andrea Rease (58)	Darlington H & AC	67.49 F O50	375	Dana Birkett (60)	Darlington H & AC 77.42 F O45
305	Jason Metcalfe (105)	Unattached	67.59 M	376	Katherine Henderson (384)	Unattached 77.49 F O55
306	Brandon Kennedy (318)	Unattached	67.59 M	377	Claire Smith (178)	Unattached 78.00 F
307	Katherine Armstrong (281)	Sunderland Strollers	68.03 F O45	378	Michael Bonaille (104)	Unattached 78.08 M O55
308	Judith Robson (319)	Unattached	68.42 F O55	379	Colin Fozzard (216)	Unattached 78.34 M O55
309	Andrew Graham (358)	Washington R C	68.55 M O45	380	Deb Fozzard (212)	Unattached 78.35 F O50
310	Sharon Simpson (357)	Washington R C	68.55 F O50	381	Suzanne Myers (245)	Unattached 78.35 F O40
311	Janet Morris (17)	Washington R C	68.55 F O55	382	Karin Laybourne (109)	Washington R C 78.36 F O45
312	Debs Stott (250)	Washington R C	68.55 F O45	383	Tracey Dodds (259)	Sunderland Strollers 78.36 F O35
313	Lisa Ridley (5)	Unattached	69.02 F O45	384	Penny Ivison (32)	Darlington H & AC 78.48 F O55
314	Andrew Ridley (25)	Unattached	69.02 M O50	385	Helen Boyd (184)	Unattached 79.00 F O50
315	Gillian Dodds (415)	Unattached	69.08 F O35	386	Lynne Sugden (261)	Unattached 79.59 F O50
316	Kelly Stewart (92)	Unattached	69.08 F O40	387	Nigel Seymour (168)	Unattached 80.22 M O40
317	Mandy Preece (63)	Sunderland Strollers	69.22 F O35	388	Mary Burgess (194)	Prudhoe Plodders R 81.32 F O55
318	Teresa Lumsdon (83)	Unattached	69.22 F O45	389	Elizabeth Burgess (195)	Unattached 81.34 F O35
319	Jo Gordon (81)	Unattached	69.29 F O45	390	Janette Koulgar (219)	Herrington Harriers 81.47 F O55
320	Elizabeth Coley (80)	Unattached	69.30 F O40	391	Kay Duthie (180)	Washington R C 82.29 F O50
321	Janet Scott (270)	Houghton Harriers	69.30 F O40	392	Rebecca Farley (383)	Unattached 82.34 F O55
322	Ruth Cameron Mcintosh (11)	261 Fearless Club N	69.40 F O45	393	Tracy Pender (73)	Unattached 84.13 F O40
323	Sarah Robson (93)	Unattached	69.44 F	394	George Routledge (517)	Heaton Harriers 95.12 M O60
324	Deborah Reeman (98)	Unattached	69.58 F O55			
325	Gail Gunn (90)	Bramley breezers	69.58 F O55			
326	Susie Maczynski (91)	Unattached	69.58 F O40			
327	Ben Hutchinson (1)	Unattached	69.59 M			
328	Ann Rush (108)	Unattached	70.04 F O55			
329	Teresa Palmer (200)	Unattached	70.07 F O45			
330	Helen Richardson (45)	Washington R C	70.09 F O40			
331	Hilary O'shea (4)	Unattached	70.25 F O55			
332	Ami Saunders (183)	Unattached	70.38 F			
333	Dave Toulmin (182)	Unattached	70.38 M O40			
334	Helen Tyreman (61)	Running club	70.55 F O55			
335	Hazel Robson (34)	Jarrow and hebburn	71.04 F O35			
336	Amanda Lewis (266)	Sunderland Strollers	71.27 F O45			
337	Paul Stevens (300)	Unattached	71.27 M			
338	Lynne Waugh (294)	Elvet Striders	71.29 F O45			
339	Helen Whitmore (296)	Unattached	71.52 F O55			
340	Lynne Lowery (59)	Washington R C	72.00 F O45			
341	Lisa Coverdale (399)	Unattached	72.08 F O45			
342	Angela Ward (224)	Unattached	72.13 F O45			
343	Lesley Bewick (229)	Unattached	72.27 F O50			
344	Julie Foster (347)	Unattached	72.29 F			
345	Louise Jones (274)	Washington R C	72.36 F O40			